

Dr. Dré Cleveland

AUTHOR • METAPHYSICAL TEACHER • POWER COACH

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Heal. Love. Manifest.

Dr. Dré Cleveland is the founder of Girl, Get Your Life Together® and the creator of Heal. Love. Manifest., a framework that bridges psychology, quantum principles, and ancestral wisdom. Author of Black Girls Manifest and host of the GGYLT and She Manifested That! podcasts, she has guided hundreds of Black women out of survival-mode striving and into aligned, sustainable success. Her work reframes manifestation as a process rooted in healing, self-love, and self-mastery, not performance.

SIGNATURE KEYNOTE

Every Transformation Begins With a Mirror Moment™

Become the YOU That Your Future Requires

A confronting, cinematic keynote about the exact instant a woman decides she will no longer betray her future to stay comfortable in her past. Blending neuroscience, identity psychology, and powerful storytelling, Dr. Dré challenges audiences to rethink how transformation happens: lasting change begins with a shift in identity, not motivation.

AUDIENCES LEAVE ABLE TO

- Recognize their own Mirror Moments™ and use them as catalysts for growth.
- Understand why identity, not motivation, is the foundation of lasting change.
- See how attention shapes beliefs, behaviors, and results through The Attention Effect™.
- Name the hidden stories keeping them stuck and begin rewriting them intentionally.
- Decide as the person they are becoming, not the person they have always been.

IDEAL FOR

Leadership summits • Women's conferences • Universities • Cultural & DEI events



WORKSHOPS & PRESENTATIONS

Directed Reality™

How Attention Shapes Identity, Culture, and Our World

Identity Alchemy™

Become Who Your Future Requires

Embodied Authority™

The Identity Shift Required to Lead, Influence, and Be Seen

From Survival to Self-Mastery™

Breaking Inherited Patterns Through Directed Reality

Black Girls Manifest™

Heal. Love. Manifest. The Life You Deserve.

WHAT CLIENTS KEEP SAYING

I've seen it several times. Dré can bring you to a place where your truth is obvious and living it is inevitable.

Randie Shane, Therapist, Randie Shane IMFT

Dré was able to assist me in turning a corner in many areas of my life where I had been stuck for quite some time. True transformations took place through my work with Dré.

Aaron Shipp, Founder and Principal Consultant, The Ivy Edge LLC

The workshop was very well organized and delivered, and everyone felt comfortable enough to share their personal stories. It launched a series of successful workshops thereafter.

Carmen De Jesus, Owner, Yin Yang Yoga

AUDIENCE OUTCOMES

01

Clarity of Identity

Attendees leave with language for who they are becoming, not just what they are doing.

02

Executable Vision

Every keynote ends with a personal directive: a written, actionable next move.

03

Cultural Resonance

Rooms feel seen. Diverse audiences report the highest connection scores of the event.

04

Measurable Momentum

Post-event surveys average 9.6/10 with double-digit lifts in engagement.

SELECTED CLIENTS

Memorial Sloan Kettering Cancer Center · KIPP · Queens Public Library · NYC Department of Education · VSA · New Hope Academy · TASC

TECHNICAL RIDER

- Wireless lavalier or handheld microphone
- A/V support: projector or screen with HDMI, audio for video playback
- Confidence monitor preferred; presenter clicker
- Bottled water at the podium or stage
- Green room or quiet space 30 minutes prior

BOOKING

**Now booking
2026 – 2027**

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